

MODULE ONE

Trauma and its impact on the life of a child

5-Point Child Development Plan

SPIRITUAL

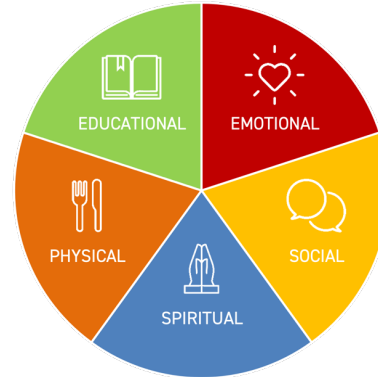
- Evaluate the spiritual state and options that the children have for spiritual growth.
- Provide sources of spiritual growth (church attendance, daily devotionals, Bible reading, discipleship, etc.)
- Provide materials for their spiritual growth.
- Establish annual goals for a Discipleship Program and look for local volunteers so serve in this capacity.
- Provide materials to the volunteers.
- Encourage, support, attend and supervise the local volunteers according to the role.

PHYSICAL

- Follow-up the medical, nutritional and dental diagnosis of each child to establish annual goals.
- See that every child that hasn't been evaluated gets a check-up and a medical, nutritional and dental diagnosis.
- Promote physical and sport-related activities; facilitate that they happen.
- Boost the existence of areas with decent health and safety conditions; spaces for medical examination, etc.
- Provide resources and realize construction and maintenance projects.
- Encourage, support, attend and supervise the local volunteers that develop this area.

EDUCATIONAL

- Provide academic assessment of each child that hasn't received one.
- Provide the materials and spaces needed for the implementation of a tutoring program.
- Maintain communication with the education-related staff (teachers, tutors) of the ministry about the developments of each child.
- Boost education-related staff by facilitating trainings for them.
- Follow up to the educational part of the sponsorship program such as providing school supplies, scholarships, uniforms, etc.
- Promote and facilitate cultural moments (going to the theater, visit the library, special events, concerts, etc.) along with local and foreign volunteers.
- Establish annual goals for the implementation of an Educational Program to define the number of volunteers needed for this area.
- Encourage, support, attend and supervise the local volunteers in the educational area according to the role.



EMOTIONAL

- Provide psychological evaluation to each child that hasn't received one, through a professional.
- Follow-up the completed psychological evaluations to establish annual goals.
- Support children by facilitating the hiring of psychologists or related professionals.
- Boost staff understanding of the emotional development of children through facilitating trainings and coaching (Trust Based Relational Care, Trauma Competent Care, etc.).
- Provide the materials and spaces needed for the implementation of a Psychological Program and other projects aiming to develop the emotional area of the children that are already happening at the CH.
- Maintain communication with the psychologists of the Children's Home to know about the children's progress.
- Provide follow-up to the emotional-related part of the sponsorship program, such as birthday celebrations, special gifts or activities, therapy with an external professional, medications, etc.
- Implement a mentoring program for the children using local volunteers.
- Encourage, support, attend and supervise the local volunteers in the educational area according to the role.

SOCIAL

- Provide recreational and social moments, including both the child and all the staff.
- Provide each child with opportunities to develop social skills (manners, respect for the authorities, gratitude, ethics, etc.)
- Provide staff with tools for them to be a good example of the aforementioned.
- Provide moments where the children are able to give back.